

RESOURCES:

American Diabetes Association:
www.diabetes.org

American Cancer Society:
www.cancer.org

Erie County Department of Health:
www.erie.gov/health

National Diabetes Education Program:
<http://ndep.nih.gov>

New York State Department of Health:
<http://www.health.ny.gov/diseases/conditions/diabetes>



WELLNESS INSTITUTE
OF GREATER BUFFALO
CreatingHealthyCommunities.org



THE OFFICIAL SPONSOR OF BIRTHDAYS*



Erie County
Cancer Services Program
Your partner for cancer screening, support and information



Dedicated to
Making a Difference



Diabetes Forum

November 19, 2012

2pm — 6pm



*Buffalo Niagara
Convention Center
153 Franklin Street
Buffalo, NY 14202*

**Contact the Erie County Department
of Health: 716-858-7101**

WHAT'S IT ALL ABOUT?

The Day

**Health Screenings
Workshops**

Sponsors

ERIE COUNTY:

~Health Department
~Senior Services
~Social Services
~Emergency Services
~Sheriff's Department
~Veteran's Services
~Environment & Planning/Radon
Program

**AMERICAN CANCER SOCIETY
BUFFALO BILLS
BUFFALO SABRES
CANCER PREVENTION
SERVICES PROGRAM
CATHOLIC HEALTH/
SISTER'S HOSPITAL
D'YOUVILLE SCHOOL OF
PHARMACY
INC. NURSING
INDEPENDENT HEALTH
JOHNSON & JOHNSON
MAMMOGRAM BUS
"MR. FITNESS"
NOVO-NORDISK
SWEET JENNY'S
"THE HEALTHY CHEF"
TOPS MARKETS
VASCUSCRIPT, INC.
WELLNESS INSTITUTE OF
GREATER BUFFALO
WNED**

EDUCATING FOR LIFE!

SCREENINGS:

1. **Bone Density**—Catholic Health Systems/
Sister's Hospital

2. **Glucose**—INC. Nursing

3. **Body Mass Index**—Erie County Health
Department

4. **Blood Pressure**—Erie
County Department of
Health

5. **Foot Exam**—performed
by area podiatrist

There is no cost
for the screenings.
Please bring your
physician
information for
follow up purpos-

***If you plan on
participating in
the glucose screenings it is not
necessary to fast.***

NEED A MAMMOGRAM?

On-site screening mammograms will
be available the day of the event **BY
APPOINTMENT ONLY**. If you are
unable to attend this event, you may
still call to schedule an appointment
for a mammogram.

Please contact **1-855-464-7465** to
reserve your spot today!

You **MUST** pre-register and have a
script in hand to receive a screening!

Free services are available for the
uninsured.



WORK SHOPS:

**All presented by experts in
their respective areas.**

- A. **Prescription Medication Review**—
TOPS Markets/VascuScript Inc.
- B. **Health Screenings**
- C. **Blood Glucose Testing with Ease**—
live demonstrations from LifeScan One
Touch
- D. **Diabetes Academy**—Novo-Nordisk
- E. **Exercise**—What to know and do—Easy
exercises for all with “Mr. Fitness”
- F. **Flu and Pneumonia Vaccinations**—
INC. Nursing
- G. **Yellow Dot**—learn about this free pro-
gram which is designed to help first
responders provide life-saving medical
attention during the first “golden hour”
after a crash or other emergency
- H. **Everything you want to know about
Health Insurance, Donut Hole
Plans, Medicare**
- I. **Healthy Cooking Demonstrations:**
Provided by Tops Cooking School and
“The Healthy Chef”
- J. **Prescription Drug Drop Off**—get rid
of your old medication, both
prescription and OTC, and used
syringes. No questions asked.
- K. **Food Stamp Applications and
Enrollment**—Food For All

RAFFLES

DOOR PRIZES

REFRESHMENTS

REGISTRATION

**FREE GIFT FOR FIRST
300
ATTENDEES!**

Please register online at:

www.health.state.ny.us/gotoclinic

- 1. Select “**Erie County**”, click “**Next**”
- 2. The **Erie County Diabetes Forum
11/19/12** will appear, click “**Next**” to
register
- 3. Select “**Register**” for desired time
slot, click “**Next**”
- 4. Complete all required information (if
you would like an email confirmation
of registration, you must enter a valid
email address)
- 5. **PRINT** Registration Ticket and bring
it with you to the Forum

**For registration questions please
call the Erie County Department of
Health: 716-858-7101**